

## **2010 Hong Kong International Wrist Arthroscopy Workshop and Seminar**

**Course Director:** Dr. PC Ho

**Course Advisors:** Prof. LK Hung, Prof. KS Leung, Prof. KM Chan

**Organizer:** Orthopaedic Learning Centre, Department of Orthopaedics & Traumatology, Chinese University of Hong Kong

**Supported by:** Hong Kong Society for Surgery of the Hand

### **Overseas Faculty:**

Christophe Mathoulin (France)

Toshiyasu Nakamura (Japan)

Didier Fontes (France)

Paco Pinal (Spain)

Laris Adolfsson (Sweden)

Park Min Jong (Korea)

David Slutsky (USA)

### **Venue :**

Clinical Workshop & Arthroscopy Symposium:  
Kai Chong Tong, PEC, Prince of Wales Hospital, Shatin, Hong Kong

Hands-on Arthroscopy Workshop on Anatomical Specimens:  
Orthopaedic Learning Centre (Advanced Course)  
The CUHK Jockey Club Minimally Invasive Surgical Skills Centre (Basic Course)

### **Special Features:**

1. Embalmed cadaver limb
2. 2 students per station
3. 1 tutor per 1-2 stations
4. Both English and Mandarin speaking stations at hands-on wrist arthroscopy workshop provided
5. Live surgery demonstration
6. Simultaneous Mandarin translation at clinical workshop and symposium

\* Programmes are basically conducted in English

For enquiries, please contact:

Candy Chan (852) 2632 3074

Email: [olc@ort.cuhk.edu.hk](mailto:olc@ort.cuhk.edu.hk)

Fax: (852) 2647 7432

[www.olc-cuhk.org](http://www.olc-cuhk.org)

The organizer reserves the right to change the programme, material and content of the symposium and workshops, and the presenters.

## **Programme**

### **Clinical Workshop on Chronic Wrist Pain Management**

27 Oct 2010 (Wed) 8:30am - 12:00noon

1. Lecture
  - A. Functional anatomy of wrist
  - B. Patho-mechanics of wrist pain
  - C. Etiology of chronic wrist pain
  - D. Physical examination of the wrist
  - E. Management of chronic wrist pain
2. Hands-on workshop on wrist examination skill
3. Radiological analysis
4. Clinical case demonstration and discussion

### **Symposium on Advances in Wrist and Hand Arthroscopy**

27 Oct 2010 (Wed) 1:00pm - 6:00pm

1. TFCC lesion
2. Arthroscopy in fracture management
3. Ganglion and Synovitis
4. Carpal Instability
5. Complication of Wrist Arthroscopy

## **Hands-on Wrist Arthroscopy Cadaveric Workshop**

28 Oct 2010 ( Thu)      8:00 am– 5:00 pm

### **Course IA – Advanced Course**

Contents:

- Live surgery demonstrations
- Volar portals
- TFCC repair
- Ganglionectomy
- Arthroscopic arthrolysis
- Arthroscopic bone grafting for scaphoid non-union
- Arthroscopic Wafer procedure
- Arthroscopic TFCC reconstruction with tendon graft
- Arthroscopic carpectomy
- Clinical case discussion

### **Course IB - Basic Course**

Contents:

- Live surgery demonstrations
- Black box exercise for triangulation
- Radio carpal joint examination, understanding normal anatomy
- TFCC debridement
- Synovectomy
- Radial styloidectomy
- Mid-carpal joint examination, understanding normal anatomy
- Assessing carpal stability
- ARIF of scapholunate instability
- Clinical case discussion

## **Hands-on Wrist Arthroscopy Cadaveric Workshop (identical to 28 Oct 2010)**

29 Oct 2010 (fri)      8:30 – 5:00 pm

### **Course IIA – Advanced Course**

### **Course IIB - Basic Course**

**Course and Fee:**

27 Oct 2010: Clinical Workshop on Chronic Wrist pain Management

Specialist/Physician: HK\$500 (US\$60)

Resident/Trainee/Therapist/Nurse: HK\$200 (US\$25)

27 Oct 2010: Symposium on Advances in Wrist and Hand Arthroscopy

Specialist/Physician: HK\$500 (US\$60)

Resident/Trainee/Therapist/Nurse: HK\$200 (US\$25)

28 Oct 2010: Hands-on Workshop *Basic Course:*

Specialist/Physician: HK\$3600 (US\$450)

Resident/Trainee: HK\$2400 (US\$300)

*Advanced Course:* (for Specialist/Physician only)

Specialist/Physician: HK\$4400 (US\$550)

29 Oct, 2010: Hands-on Workshop *Basic Course:*

Specialist/Physician: HK\$3600 (US\$450)

Resident/Trainee: HK\$2400 (US\$300)

*Advanced Course:* (for Specialist/Physician only)

Specialist/Physician: HK\$4400 (US\$550)

Participants will be offered a maximum discount of HK\$400 (US\$50), if register for the Clinical Workshop, Symposium and at least one of the Hands-on Workshops. (NOT APPLICABLE FOR Resident/Trainee/Therapist)  
(Course fees shall be charged in HK\$. The above amounts in US\$ are for reference only.)