2010 Hong Kong International Wrist Arthroscopy Workshop and Seminar

Course Director: Dr. PC Ho
Course Advisors: Prof. LK Hung, Prof. KS Leung, Prof. KM Chan
Organizer: Orthopaedic Learning Centre, Department of Orthopaedics & Traumatology, Chinese University of Hong Kong

Supported by: Hong Kong Society for Surgery of the Hand

Overseas Faculty:
Christophe Mathoulin (France)
Toshiyasu Nakamura (Japan)
Didier Fontes (France)
Paco Pinal (Spain)
Laris Adolfsson (Sweden)
Park Min Jong (Korea)
David Slutsky (USA)

Venue:
Clinical Workshop & Arthroscopy Symposium:
Kai Chong Tong, PEC, Prince of Wales Hospital, Shatin, Hong Kong

Hands-on Arthroscopy Workshop on Anatomical Specimens:
Orthopaedic Learning Centre (Advanced Course)
The CUHK Jockey Club Minimally Invasive Surgical Skills Centre (Basic Course)

Special Features:
1. Embalmed cadaver limb
2. 2 students per station
3. 1 tutor per 1-2 stations
4. Both English and Mandarin speaking stations at hands-on wrist arthroscopy workshop provided
5. Live surgery demonstration
6. Simultaneous Mandarin translation at clinical workshop and symposium

* Programmes are basically conducted in English

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The organizer reserves the right to change the programme, material and content of the symposium and workshops, and the presenters.
Programme

Clinical Workshop on Chronic Wrist Pain Management
27 Oct 2010 (Wed) 8:30am - 12:00noon

1. Lecture
   A. Functional anatomy of wrist
   B. Patho-mechanics of wrist pain
   C. Etiology of chronic wrist pain
   D. Physical examination of the wrist
   E. Management of chronic wrist pain
2. Hands-on workshop on wrist examination skill
3. Radiological analysis
4. Clinical case demonstration and discussion

Symposium on Advances in Wrist and Hand Arthroscopy
27 Oct 2010 (Wed) 1:00pm - 6:00pm

1. TFCC lesion
2. Arthroscopy in fracture management
3. Ganglion and Synovitis
4. Carpal Instability
5. Complication of Wrist Arthroscopy
Hands-on Wrist Arthroscopy Cadaveric Workshop
28 Oct 2010 (Thu) 8:00 am - 5:00 pm

Course IA - Advanced Course
Contents:
- Live surgery demonstrations
- Volar portals
- TFCC repair
- Ganglionectomy
- Arthroscopic arthrolysis
- Arthroscopic bone grafting for scaphoid non-union
- Arthroscopic Wafer procedure
- Arthroscopic TFCC reconstruction with tendon graft
- Arthroscopic carpectomy
- Clinical case discussion

Course IB - Basic Course
Contents:
- Live surgery demonstrations
- Black box exercise for triangulation
- Radio carpal joint examination, understanding normal anatomy
- TFCC debridement
- Synovectomy
- Radial styloidectomy
- Mid-carpal joint examination, understanding normal anatomy
- Assessing carpal stability
- ARIIF of scapholunate instability
- Clinical case discussion

Hands-on Wrist Arthroscopy Cadaveric Workshop (identical to 28 Oct 2010)
29 Oct 2010 (Fri) 8:30 - 5:00 pm

Course IIA - Advanced Course
Course IIB - Basic Course
Course and Fee:

27 Oct 2010: Clinical Workshop on Chronic Wrist pain Management
- Specialist/Physician: HK$500 (US$60)
- Resident/Trainee/Therapist/Nurse: HK$200 (US$25)

27 Oct 2010: Symposium on Advances in Wrist and Hand Arthroscopy
- Specialist/Physician: HK$500 (US$60)
- Resident/Trainee/Therapist/Nurse: HK$200 (US$25)

28 Oct 2010: Hands-on Workshop Basic Course:
- Specialist/Physician: HK$3600 (US$450)
- Resident/Trainee: HK$2400 (US$300)

Advanced Course: (for Specialist/Physician only)
- Specialist/Physician: HK$4400 (US$550)

29 Oct, 2010: Hands-on Workshop Basic Course:
- Specialist/Physician: HK$3600 (US$450)
- Resident/Trainee: HK$2400 (US$300)

Advanced Course: (for Specialist/Physician only)
- Specialist/Physician: HK$4400 (US$550)

Participants will be offered a maximum discount of HK$400 (US$50), if register for the Clinical Workshop, Symposium and at least one of the Hands-on Workshops. (NOT APPLICABLE FOR Resident/Trainee/Therapist) (Course fees shall be charged in HK$. The above amounts in US$ are for reference only.)