

Hong Kong 2023

Postgraduate Orthopaedics FRCS (TR&ORTH) Revision Course

May 22-27

Day 1 – SBA TEST PAPER AND EXPLANATION

Date : 22 May 2023

Venue : The Chinese University Of Hong Kong , Hong Kong, China

Start	End	Description	Speaker
08:00	08:30	Registration	
08:30	09:00	Welcome and introduction	
09:00	09:30	Part 1 SBA structure	
09:30	10:00	Coffee	
10:00	12:15	Single best answer[SBA](2 hours 15 minutes)-120 questions	Test conditions
12:15	13:00	Lunch	
13:00	15:30	Single best answer[SBA]marking and discussion 1	All faculty
15:30	16:00	Coffee	
16:00	18:00	Single best answer[SBA]marking and discussion 2	
18:00	18:00	End	

Day 2 – LECTURE PRESENTATIONS

Date : 23 May 2023

Venue : The Chinese University Of Hong Kong , Hong Kong, China

Start	End	Description	Speaker
07:30	08:00	Theatre design	
08:00	08:30	Stress strain curve	
08:30	09:00	Tendon and ligaments	
09:00	10:00	Articular cartilage Bone Intervertebral disc	
10:00	10:30	Coffee	
10:30	11:00	Fracture healing	
11:30	13:00	Biomechanics Free Body diagrams	
13:00	14:00	Lunch	
14:00	15:00	Upper limb trauma	
15:00	16:00	Critical trauma conditions	
16:00	16:30	Coffee	
16:30	17:00	Biomaterials	
17:00	18:00	Lower limb trauma	
18:00	19:00	Paediatric topics	
		End	

Day 3 – ADVANCED CLINICAL EXAMINATION STUDY DAY

Date: 24 May 2023

Venue : The Chinese University Of Hong Kong , Hong Kong, China

Start	End	Description	Speaker
07:45	08:00	Introduction to clinical coaching session	
08:00	09:00	Diagnosis specific examination of the hip	
09:00	10:00	Diagnosis specific examination of the knee	
10:00	10:30	Coffee	
10:30	11:30	Diagnosis specific examination of the Foot and Ankle	
11:30	12:30	Diagnosis specific examination of the Spine	
12:30	13:30	Lunch	
13:30	14:30	Diagnosis specific examination of the Shoulder	
14:30	15:00	Diagnosis specific examination of the Elbow	
15:00	16:00	Diagnosis specific examination of the Hand and Wrist	
16:30	17:30	Diagnosis specific examination of the Peripheral Nerves	
17:00	17:30	Examination of the Brachial Plexus	
18:00	19:00	Video quiz	
19:00	19:15	Feedback and Closing session	
19:15	19:15	End	

Day 4 – ADVANCED CLINICAL EXAMINATION STUDY DAY (WITH PATIENTS)

Date: 25 May 2023

Venue : The Chinese University Of Hong Kong , Hong Kong, China

Start	End	Description	Speaker
09:00	09:30	Welcome from Course Director	
09:30	11:00	Clinical Examination 1 (3 stations)	
11:00	11:30	Coffee/Tea	
11:30	13:00	Clinical Examination 2 (3 stations)	
13:00	14:00	Lunch	
14:00	15:30	Clinical Examination 3 (3 stations)	
15:30	16:00	Coffee/Tea	
16:00	17:00	Clinical Examination 4 (2 Stations)	
17:00	17:15	Feedback and Closing session	

Day 5 – MOCK VIVA PRACTICE

Date: 26 May 2023

Venue : The Chinese University Of Hong Kong , Hong Kong, China

Start	End	Description	Speaker
08:30	09:00	Introduction and oral viva video	
09:00	11:00	Oral Viva Practice(4 stations)	
11:00	11:30	Coffee	
11:30	13:00	Oral Viva Practice 2 (3 stations)	
13:00	14:00	Lunch	
14:00	15:30	Oral Viva Practice 3 (3 stations)	
15:30	16:00	Coffee	
16:00	17:30	Oral Viva Practice 4 (3 stations)	
17:30	18:00	Feedback and Closing session	
18:00	18:00	End	

Day 6 – MOCK VIVA PRACTICE

Date: 27 May 2023

Venue : The Chinese University Of Hong Kong , Hong Kong, China

Start	End	Description	Speaker
08:30	09:00	Summary of day 1 mock viva and introduction to day 2	
09:00	11:00	Oral Viva Practice(4 stations)	
11:00	11:30	Coffee	
11:30	13:00	Oral Viva Practice 2 (3 stations)	
13:00	14:30	Lunch	
14:00	15:30	Oral Viva Practice 3 (3 stations)	
15:30	16:00	Coffee	
16:30	17:30	Oral Viva Practice 4(3 stations)	
17:30	18:00	Feedback and Closing session	
18:00	18:00	End	