

The 4th Edition of the FIMS Team Physician Manual Officially Launched in Hong Kong

As Hong Kong prepares for the upcoming the upcoming 15th National Games, the 12th National Games for Persons with Disabilities and the 9th National Special Olympic Games, the local sports medicine community reached an important milestone with the official launch of the 4th edition of the FIMS Team Physician Manual, the *Sports Physician Handbook*. The publication underscores Hong Kong's growing contribution to the global field of sports medicine.

The new edition is co-edited by Professor Patrick Yung, Chairman of the Department of Orthopaedics and Traumatology at the Chinese University of Hong Kong (CUHK); Professor Fabio Pigozzi, President of the International Federation of Sports Medicine (FIMS); and Professor Yannis Pitsiladis, Chairman of the FIMS Scientific Commission. Over 90 leading experts from around the world contributed to the handbook, including more than 30 from Hong Kong, coordinated by CUHK's Sports Medicine Team.

With more than 900 pages, the handbook covers the full spectrum of sports medicine — from pre-participation screening, on-field injury management, and rehabilitation to drug testing and the care of young and female athletes. It also features new chapters on injury prevention, recovery psychology, and interdisciplinary collaboration, reflecting the latest thinking and practice in the field.

The book launch ceremony, held at the Hong Kong Sports Institute (HKSI), brought together sports medicine specialists, academic leaders, and representatives from the sporting community. During the event, Professor Yung invited three Hong Kong contributors to share their experiences in the editorial process and to discuss ideas for future updates as the field continues to evolve.

To support Hong Kong's medical teams preparing for the National Games, 60 copies of the handbook were presented to team physicians, physiotherapists, athletic trainers, and sports scientists. Dr. Kate Yung, Acting Director of Sports Medicine at the HKSI, accepted the books on behalf of the delegation. The manuals will serve as a key reference to help professionals provide the highest standard of medical care and performance support for athletes during the Games.

"This manual brings together the collective expertise of the world's leading sports medicine specialists," said Professor Patrick Yung. "It stands as both a benchmark reference for our profession and a symbol of Hong Kong's active role in advancing sports medicine across Asia and beyond. By sharing this knowledge, we hope to raise professional standards and strengthen medical support for our athletes."

The launch of the Sports Physician Handbook further cements Hong Kong's position as a regional centre for sports medicine collaboration, education, and research — and provides a solid foundation for medical excellence at the forthcoming National Games.

12 November 2025, Hong Kong

Photos



Photo 1 - Group Photo of officiating guests and Hong Kong contributors

Officiating Guests: (Full list in the appendix)

(Back row, from left to right, fourth person) Dr. Kate Yung; LegCo member Hon Vincent Cheng; Ms. Chui Hiu-lo, Deputy Director (Leisure Services), LCSD; Prof. Patrick Yung; Prof. Fabio Pigozzi; Prof. Yannis Pitsiladis; Prof. Patrick Lau; Dr. Julian Chang; and Mr. Cheng King-leung

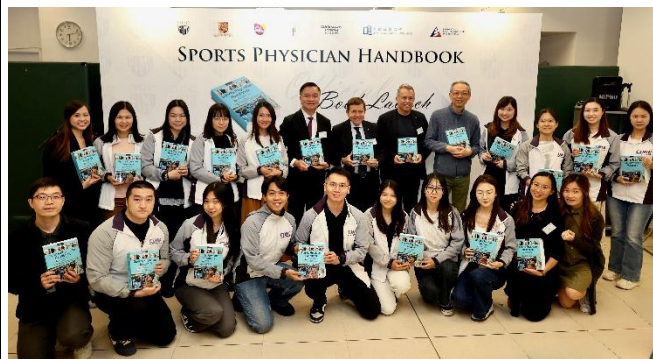


Photo 2 – Group photo of three editors with CUHK Sports Medicine team

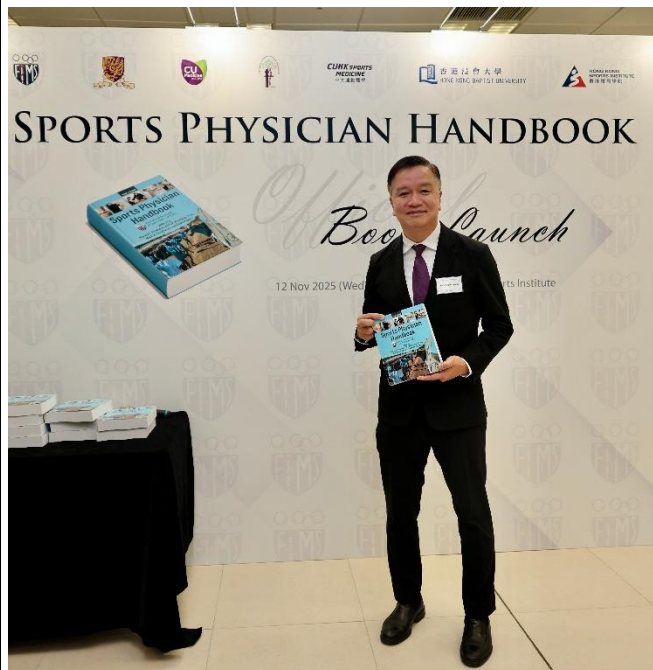


Photo 3 – Prof. Patrick Yung with the 4th Edition of FIMS Team Physician Manual – the *Sports Physician Handbook*



Photo 4 – Prof. Patrick Yung and three local contributors – (from left) Dr. Kate Yung, Dr. Keith Wan and Dr. Henry Li on - share their insights and experiences in contributing to the Sports Physician Handbook, discussing the concepts and challenges encountered during the editorial process.



Photo 5 – Prof. Patrick Yung and the two editors presented complimentary copies of the Sports Physician Handbook to the Hong Kong delegation's team physicians, physiotherapists, athletic trainers, and sports science teams, with Dr. Kate Yung receiving the books on behalf of the team.



Photo 6 – The Sports Physician Handbook

List of Officiating Guests

Miss CHUI Hiu Lo, Winnie, JP

Deputy Director (Leisure Services), Leisure and Cultural Services Department (LCSD)

Hon Vincent Cheng Wing-shun BBS MH JP

Legislative Councillor

Vice Chairman, Hong Kong Sport Institute

Prof. Yannis Pitsiladis

Chairman, Scientific Commission, International Federation of Sports Medicine (FIMS)
Chief Editor, Sports Physician Handbook, International Federation of Sports Medicine (FIMS)

Prof. Fabio Pigozzi

President, International Federation of Sports Medicine (FIMS)
Chief Editor, Sports Physician Handbook, International Federation of Sports Medicine (FIMS)

Prof. Patrick Yung

Chairman, Department of Orthopaedics and Traumatology, Faculty of Medicine, The Chinese University of Hong Kong (CUHK)
Associate Dean (Mainland Affairs), Faculty of Medicine, The Chinese University of Hong Kong (CUHK)

Mr. Cheng King-leung

Chairman, Elite Sports Committee, Sports Commission
Vice-Chairman, Organising Committee of the HKSAR Delegations,
The 15th National Games (NG), the 12th National Games for Persons with Disabilities (NGD), and the 9th National Special Olympic Games (NSOG)

Dr. Julian Chang

Honorary Medical Advisor, Sports Federation & Olympic Committee of Hong Kong, China (SFOC)

Prof. Patrick Lau

Department Chair & Professor, Department of Sports and Health Sciences, HKBU

Dr. Kate Yung

Acting Director, Sports Medicine, Hong Kong Sports Institute (HKSI)

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