MRGO6203 Musculoskeletal Rehabilitation: Special Problems & Management Issues (2 Credit units) (MR Stream/Elective)

骨骼肌肉康復:專題探討

Module Head: Dr. Ronald Wong

Last update: 30/10/25

Session	1	2	3	4	5	6	7	8	Exam
Date	5/12/25(F)	12/12/25(F)	19/12/25(F)	9/1/26(F)	16/1/26(F)	23/1/26(F)	30/1/26(F)	6/2/26(F)	7/3/26(Sat)
Time	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	PM
Venue	OLC SR	OLC SR	OLC SR	OLC SR	OLC SR	OLC SR	OLC SR	9/F SR	

2025/26

Content	Speakers	Session	Date
Management of patients with inflammatory arthritis	Dr. Priscilla Wong	1	5/12/2025 (F)
Issues relating with major or multiple trauma	Dr. N Tang	2	12/12/2025 (F)
Rehabilitation in common sport related disorder and overuse injuries	Dr. Jonathan Ng	3	19/12/2025 (F)
Burn management and plastic surgery	Dr. Teresa Tan	4	9/1/2026 (F)
Age changes in neuromusculoskeletal system – stroke, parkinsonism, and dementia; Sarcopenia and osteoporosis	Dr. B Sheng	5	16/1/2026 (F)
Neuromusculoskeletal disorder and normal physiology in a growing child	Dr Adam Lau	6	23/1/2026 (F)
Peripheral nerve injuries & peripheral nerves regenerative intervention	Dr. Michelle Li	7	30/1/2026 (F)
Special Issues on Spinal Disorders	Dr. Simon Leung	8	6/2/2026 (F)
Written Examination			7/3/2026 (S)

Venue: OLC SR Seminar Room, Orthopaedic Learning Centre, 1/F, Li Ka Shing Specialist Clinic (North Wing), Prince of Wales Hospital

9/F SR Seminar Room, 9/F, Main Clinical Block and Trauma Centre, Prince of Wales Hospital

Brief Description:

Assessment and rehabilitation requirements for different body regions will be covered systemically, highlighting their special requirements. This would include rehabilitation for tendon and nerve injuries in the upper extremities, rehabilitation of ligamental injuries in the lower limbs (especially related to sports injuries), and back rehabilitation. Special issues will cover rehabilitation for joint replacement, major and multiple fractures (e.g. pelvic fractures)

本科目將覆蓋上肢肌腱和神經損傷的康復、下肢韌帶關節損傷(特別是與運動損傷有關)、背部康復、關節置換及主要和多發性骨折(如盆骨骨折)。

Learning Outcome:

Students should be able to understand and apply:

- 1. Spinal problems: lower limbs arthritis, lower limb injuries, upper limb injuries and upper limb non-injury disorders
- 2. Nerve injury rehabilitation, major trauma, multiple trauma, overuse syndromes, ankylosing spondylitis and rheumatoid arthritis
- 3. Osteoporotic fracture
- 4. Burn management and plastic surgery
- 5. Musculoskeletal problems in growing children and elderly

Assessment:

Written Assessment (100%)
Date: 7/3/2026 (Sat)
Time: Afternoon (TBC)
Venue: CUHK Campus (TBC)

Speaker:

MB ChB (CUHK), MRCSEd, PhD (CUHK), FHKCOS, FHKAM (Orthopaedic Surgery), FRCSEd (Orth)					
Clinical Associate Professor, Department of Orthopaedics and Traumatology, The Chinese University of Hong Kong					
MB ChB (CUHK), MRCP (UK), FHKCP, FHKAM (Medicine), FRCP (Lond), FRCP (Edin)					
Specialist in Rheumatology in Private Practice					
Clinical Associate Professor (Honorary), Department of Medicine and Therapeutics, The Chinese University of Hong Kong					
MBChB(CUHK), FRCS(Edin), FRCSEd(Orth), FHKCOS, FHKAM (Orthopaedic Surgery)					
Consultant, Department of Orthopaedics and Traumatology, Prince of Wales Hospital.					
MB BCh BAO (Ireland), BA (Hons), LMCHK, MRCS (Edinburgh), MScSMHS (CUHK), FRCS (Orth), FHKCOS, FHKAM					
Associate Consultant, Department of Orthopaedics and Traumatology, Prince of Wales Hospital					
MBChB, FHKAM (Surgery)					
Plastic Surgeon, St Teresa's Hospital					
MBChB, MSc, FRCP(London, Edin), FHKAM(Medicine)					
Deputy COS, Consultant, Department of Medicine & Geriatric, Princess Margaret Hospital					
MBBS, BSc, MRCSEd, FRCSEd (Orth), FHKCOS, FHKAM (Orth)					
Clinical Assistant Professor, Department of Orthopaedics and Traumatology, The Chinese University of Hong Kong					
MBChB(HK), MRCS(Edin), FRCSEd(Orth), FHKCOS, FHKAM(Orthopaedic surgery)					
Specialist, Department of Orthopaedics and Traumatology, Prince of Wales Hospital					
MB.ChB(CUHK), MMed(Pain Mgt)(Syd), MRCSEd, FRCSEd (Orth), FHKCOS, FHKCOS(Rehab), FHKAM (Ortho Surg)					
Consultant, Department of Orthopaedic Rehabilitation, Tai Po Hospital					

Attention: University policy and regulations on honesty in academic work

Attention is drawn to University policy and regulations on honesty in academic work, and to the disciplinary guidelines and procedures applicable to breaches of such policy and regulations. Details may be found at http://www.cuhk.edu.hk/policy/academichonesty/.

With each assignment, students will be required to submit a signed <u>declaration</u> that they are aware of these policies, regulations, guidelines and procedures.

- In the case of group projects, all members of the group should be asked to sign the declaration, each of whom is responsible and liable to disciplinary actions, irrespective of whether he/she has signed the declaration and whether he/she has contributed, directly or indirectly, to the problematic contents.
- For assignments in the form of a computer-generated document that is principally text-based and submitted via VeriGuide, the statement, in the form of a receipt, will be issued by the system upon students' uploading of the soft copy of the assignment.

Assignments without the properly signed declaration will not be graded by teachers.

Only the final version of the assignment should be submitted via VeriGuide.

The submission of a piece of work, or a part of a piece of work, for more than one purpose (e.g. to satisfy the requirements in two different courses) without declaration to this effect shall be regarded as having committed undeclared multiple submissions. It is common and acceptable to reuse a turn of phrase or a sentence or two from one's own work; but wholesale reuse is problematic. In any case, agreement from the course teacher(s) concerned should be obtained prior to the submission of the piece of work.

The copyright of the teaching materials, including lecture notes, assignments and examination questions etc., produced by staff members/ teachers of The Chinese University of Hong Kong (CUHK) belongs to CUHK. Students may download the teaching materials produced by the staff members/ teachers from the Learning Management Systems, e.g. Blackboard adopted by CUHK for their own educational use, but shall not distribute/ share/ copy the materials to a third-party without seeking prior permission from the staff members/ teachers concerned.